AGENDA

The Select Committee on California's Mental Health Crisis

ASSEMBLYMEMBER Dr. Corey A. Jackson, CHAIR

Tuesday, May 2, 2023

10 A.M. – STATE CAPITOL, ROOM 127

We encourage the public to provide written testimony before the hearing.

Please send your written testimony to Lamont.Gordon@asm.ca.gov.

Please note that any written testimony submitted to the committee is considered public comment and may be read into the record or reprinted.

The Capitol will be open for public attendance at this hearing. The public may attend in person or participate by phone. This hearing can be viewed via live stream on the Assembly's website at https://assembly.ca.gov/todayevents.

A moderated telephone line will be available to assist with public participation. After all witnesses on all panels and issues have concluded, and after the conclusion of member questions, the public may provide public comment by calling the following toll-free number.

(877) 692-8957 Access Code: 1315127

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Public Comment will be taken after the completion of all panels and any discussion from the Members of the Select committee.

Panel Topics and Organization

Panel 1. The State of Mental Health in California

- a. County Behavioral Health Directors Association (CBHDA): supports the state's 58 county and city behavioral health departments (including the City of Berkeley and Tri-Cities Mental Health Authority) by providing leadership, advocacy, and support to County Behavioral Health Directors and programs.
- b. Providence Health: Amplifying the voices of all identities impacted by oppression. Advocate to reform the drivers of health, social and economic disparities. And in keeping with our faith tradition, use our voice to speak out against the structural racism and injustice that has led to a public health crisis.

The questions for the panelists for this issue are:

<u>For CBHDA</u>: Acknowledging the supports to all 58 counties CBHDA provides, can you articulate the greatest barrier facing the state as a whole?

<u>For Providence Health:</u> The Lanterman-Petris-Short conservator designation has presented various challenges especially when an attending physician is the temporary conservator; what is necessary to ensure uniformed standards statewide are met in this area?

Panelists

- CBHDA- Michelle Cabrera, Executive Director
- Providence Health- Dr. Susan Huang, Chief Medical Executive

Panel 2. The Children's Mental Health Crisis

- a. California Academy of Child and Adolescent Psychiatry: represents the interests of the four regional organizations in California's legislative process, public policy making, and clinical service administration as it finds them relevant to the mental health of California's child, adolescents and families.
- b. California Association of School Counselors: Empowering school counselors with the knowledge, skills, linkages and resources to promote equity and access to a high-quality education for the overall success of every student in California schools.
- c. First 5 California: will convene, partner in, and help lead the movement to create and implement a comprehensive, integrated, and coordinated system for California's children prenatal through age 5 and their families.

The questions for the panelists for this issue are:

<u>For California Academy of Child and Adolescent Psychiatry:</u> Part of the children's mental health crisis is recognizing and identifying behavioral health issues, Cal-ACAP provides "facts for families"; how has this database helped improve children's mental health?

<u>For California Association of School Counselors:</u> The School Counselors have an extensive list of ethical standards; working within the identified ethical standards, what is a pitfall that needs attention to improve upon children's mental health?

<u>For First 5 California:</u> How does toxic stress relate to the children's mental health crisis and what is needed to reduce such stressors? How can ACES screening improve overall mental health in children?

Panelists

- Cal-ACAP: Dr. Anne McBride
- CASC: Dr. Loretta Whitson, Executive Director
- First 5 California: Sara Bachez, Deputy Director of External and Governmental Affairs

Panel 3. Improving Behavioral Health Delivery

- a. California Hospitals Association (CHA): representing more than 400 hospitals throughout California, advocates for better, more accessible health care for all Californians.
- b. California Primary Care Association (CPCA): to lead and position community clinics, health centers, and networks through advocacy, education and services as key players in the health care delivery system to improve the health status of their communities.

The questions for the panelists for this issue are:

For CHA: Where are the main needs for state wide uniformed standards of care, and how can we achieve this goal?

For CPCA: What barriers impede and slow down behavioral health delivery? How can we improve access to treatment?

Panelists

- CHA: Kirsten Barlow, MSW, Vice President, Policy
- CPCA: Sara Gavin, LMFT, LPCC, Chief Behavioral Health Officer, at CommuniCare Health Centers

Panel 4. Perspectives from the Field

- a. National Association of Social Workers California Chapter (NASW-CA): works to enhance the professional growth and development of its members, to create and maintain professional standards, and to advance sound social policies.
- b. California State Association of Psychiatrists (CSAP): is leading the way in California on issues such as parity, alternative (non-law enforcement) responses to mental health crises, state budget allocations, and assisting psychiatrists with new requirements on their practices.
- c. California Association of Marriage and Family Therapist (CAMFT): are trained to assess, diagnose and treat individuals, couples, families and groups to help those who are struggling achieve more adequate, satisfying and productive lives.
- d. The Steinberg Institute: We seek to transform California's systems of care for those living with mental illness and substance use disorders by establishing a right to care for all; ensuring a system that prioritizes transparency and accountability and health equity; and inspiring leadership and spreading innovation and best practices.

The questions for the panelists for this issue are:

<u>For NASW-CA:</u> With your background working from the ground level in behavioral health, tell us your perspective on mental health and treatment access?

For CSAP: How can the state improve upon and aid alternative responses to mental health crisis?

<u>For CAMFT:</u> Describe to us the importance of social policy statements and the role they have in destigmatizing mental health issues?

<u>For The Steinberg Institute:</u> why is it important for state wide uniform standards, best practices, and unimpeded access to treatment? How does the lack of such things manifest on the ground level?

Panelists

- NASW-CA: Ahmanise Sanati Regional Director; Licensed Clinical Social Worker; Los Angeles
 Unified School District; 12 years Mental Health Twin Towers Correctional Facility, LA County Jail
 System
- CSAP: Alexis Seegan, Vice Chairwoman
- CAMFT: Joy Alafia, MBA, CAE Executive Director
- The Steinberg Institute: Karen Larsen, Chief Executive Officer

PUBLIC COMMENT (PUBLIC COMMENT WILL BE TAKEN ON ALL ITEMS)

This agenda and other publications are available upon request through email to Lamont.Gordon@asm.ca.gov. You may contact the Committee at (916) 319-2060. This agenda was prepared by Lamont Gordon.